

元朗東莞同鄉會熊定嘉幼稚園

健康活力操通告

NO : 1810010A

各位家長：

為增強幼兒的健康體魄及提高對運動的興趣，故本學年繼續進行健康活力操，除每天安排幼兒在班內進行 5 至 10 分鐘活力操外，並於 10 月 18 日(星期四)起，每星期四帶領幼兒在校園外，進行全校際健康活力操，歡迎家長隨時一起參加，為了解幼兒身體是否適合進行健康活力操，請 貴家長填妥以下回條，於 10 月 15 日前交回班主任，以便校方安排。

校長陳港慶啟

二零一八年十月十日

回 條

NO:1810010A

健康活力操

請在以下適當的空格內作出「✓」號：

本人子女(班別)_____ (姓名)_____

1. 適合

2. 不適合(原因：_____)

每週星期四帶領幼兒在校園，進行 5 至 10 分鐘的健康活力操運動。

致覆

元朗東莞同鄉會

熊定嘉幼稚園

家長簽署：_____

日 期：_____

**YUEN LONG TUNG KOON DISTRICT ASSOCIATION
HUNG TING KA KINDERGARTEN**

Notice of Fitness Health Exercise

Dear Parents

As to enhance student's health and interesting, we would undergo daily fitness exercise of 5 to 10 minutes. As from 18 October 2018, every Thursday, we would arrange the exercise outdoor of school. We welcome parent to participate as the group exercise, that encourage students' motive and would give more fun to students.

As we have to ensure whether student would be suitable to the fitness exercise, we would like parent to fill in the slip and return to us by 15 October 2018 to enable us to make arrangement.

Chan Kong Hing
Principal
10 October 2018

NO:1810010A

**Reply Slip
Fitness Health Exercise**

To : YUEN LONG TUNG KOON DISTRICT ASSOCIATION
HUNG TING KA KINDERGARTEN

Please mark 「」 in the following blank :

Class : _____ Name : _____

1. suitable to
2. not suitable to (Reason: _____)

Every Thursday, participate Fitness Health Exercise for 5 to 10 minutes indoor or outdoor of school.

Signature of Parent : _____

Date : _____